

**2009 WABDL National Collegiate Bench Press & Deadlift  
Championships  
March 14, 2009  
Special Events Center - University of Houston-Downtown  
Results**

**Bench Press**

	<i>School</i>	<i>BWT</i>	<i>1st</i>	<i>2nd</i>	<i>3rd</i>	<i>4th for Record</i>	<i>Best Bench</i>	<i>Place</i>
<b>Women</b>								
<b>148</b>								
<i>Linda Okoro</i>	<i>HCC</i>	<i>145.2</i>	<i>110.0</i>	<i>137.7</i>	<del><i>170.7</i></del>	<del><i>170.7</i></del>	<i>137.7</i>	<i>1st</i>
<b>198</b>								
<i>Olga Hernandez</i>	<i>UHD</i>	<i>193.0</i>	<i>93.5</i>	<i>115.5</i>	<i>121.2</i>	<del><i>126.7</i></del>	<i>121.2</i>	<i>1st</i>
<b>199+</b>								
<i>Corina Sosa</i>	<i>UHD</i>	<i>271.3</i>	<i>99.0</i>	<i>121.2</i>	<i>149.8</i>	<del><i>154.2</i></del>	<i>149.8</i>	<i>1st</i>
<b>Men</b>								
<b>114</b>								
<i>Tommy Nguyen</i>	<i>UHD</i>	<i>109.2</i>	<i>143.2</i>	<i>154.2</i>	<i>165.2</i>	<i>176.2</i>	<i>165.2</i>	<i>1st</i>
<b>123</b>								
<i>Jaime Gonzales</i>	<i>UTSA</i>	<i>123.2</i>	<i>192.7</i>	<i>203.7</i>	<i>214.7</i>	<del><i>220.2</i></del>	<i>214.7</i>	<i>1st</i>
<i>Jose Martinez</i>	<i>UHD</i>	<i>119.0</i>	<i>110.0</i>	<i>126.7</i>	<i>132.2</i>	---	<i>132.2</i>	<i>2nd</i>
<i>Alejandro Rivera</i>	<i>UHD</i>	<i>117.2</i>	<i>93.5</i>	<i>121.2</i>	<del><i>137.7</i></del>	---	<i>121.2</i>	<i>3rd</i>
<b>132</b>								
<i>Robert Nguyen</i>	<i>UHD</i>	<i>131.5</i>	<i>225.7</i>	<i>242.5</i>	<del><i>253.5</i></del>	---	<i>242.5</i>	<i>1st</i>
<b>148</b>								
<i>Jason Creswell</i>	<i>CIT</i>	<i>148.5</i>	<i>253.5</i>	<del><i>281.0</i></del>	<i>281.0</i>	<del><i>292.0</i></del>	<i>281.0</i>	<i>1st</i>
<i>Luis Lopez</i>	<i>UHD</i>	<i>145.8</i>	<i>275.5</i>	<del><i>319.5</i></del>	<del><i>319.5</i></del>	---	<i>275.5</i>	<i>2nd</i>
<i>Waldo Cardenas</i>	<i>UHD</i>	<i>142.0</i>	<i>242.5</i>	<del><i>259.0</i></del>	<del><i>259.0</i></del>	---	<i>242.5</i>	<i>3rd</i>
<b>165</b>								
<i>Jeff Button</i>	<i>UTSA</i>	<i>162.5</i>	<i>325.0</i>	<i>341.5</i>	<i>370.3</i>	<i>380.2</i>	<i>370.3</i>	<i>1st</i>
<i>Laramie McMasters</i>	<i>UIUC</i>	<i>163.4</i>	<i>314.0</i>	<del><i>330.5</i></del>	---	---	<i>314.0</i>	<i>2nd</i>
<i>Ilian Rojas</i>	<i>UHD</i>	<i>159.6</i>	<i>248.0</i>	<i>259.0</i>	<del><i>270.0</i></del>	---	<i>259.0</i>	<i>3rd</i>
<b>198</b>								
<i>Brandon Taylor</i>	<i>UTSA</i>	<i>196.5</i>	<i>341.5</i>	<del><i>369.2</i></del>	<i>369.2</i>	<i>385.7</i>	<i>369.2</i>	<i>1st</i>
<i>Carlos Mata</i>	<i>UHD</i>	<i>185.5</i>	<i>275.5</i>	<del><i>352.5</i></del>	<i>352.5</i>	<del><i>370.3</i></del>	<i>352.5</i>	<i>2nd</i>
<i>George De Leon</i>	<i>UTSA</i>	<i>197.0</i>	<del><i>479.5</i></del>	<del><i>479.5</i></del>	<del><i>479.5</i></del>	---	<del><i>-0-</i></del>	---
<b>220</b>								
<i>Trey Jewett</i>	<i>UTSA</i>	<i>220.1</i>	<del><i>688.7</i></del>	<i>688.7</i>	<del><i>716.2</i></del>	<del><i>716.2</i></del>	<i>688.7</i>	<i>1st</i>
<i>Gabriel Perkins</i>	<i>UHD</i>	<i>214.8</i>	<i>418.7</i>	<del><i>468.2</i></del>	<del><i>473.7</i></del>	---	<i>418.7</i>	<i>2nd</i>
<i>Waldo Villarreal</i>	<i>UHD</i>	<i>203.5</i>	<i>297.5</i>	<i>314.0</i>	<del><i>341.5</i></del>	---	<i>314.0</i>	<i>3rd</i>

Abel Sosa	WCJC	212.5	<del>281.0</del>	281.0	319.5	---	281.0	4th
Jesus Lozano	PAC	206.5	231.2	<del>270.0</del>	<del>270.0</del>	---	231.2	5th
<b>242</b>								
Jose Trejo	UHD	225.8	325.0	<del>374.7</del>	<del>374.7</del>	---	325.0	1st
Kyle Reichert	UTSA	229.0	314.0	<del>341.5</del>	<del>341.4</del>	---	314.0	2nd
<b>259</b>								
Salomon Sanchez	UHD	259.0	<del>314.0</del>	314.0	<del>336.0</del>	---	314.0	1st
<b>308</b>								
Chris Owens	UTSA	300.6	<del>551.0</del>	<del>551.0</del>	551.0	<del>586.2</del>	551.0	1st
Abel Dominguez III	WCJC	306.0	507.0	<del>545.5</del>	<del>585.1</del>	---	507.0	2nd

## Deadlift

### Women

<b>148</b>								
Linda Okoro	HCC	145.2	198.2	225.7	253.5	<del>303.0</del>	253.5	1st
Carol Say	UHD	141.2	198.2	225.7	236.7	<del>254.6</del>	236.7	2nd
<b>198</b>								
Olga Hernandez	UHD	193.0	203.7	214.7	231.2	242.5	231.2	1st
<b>199+</b>								
Corina Sosa	UHD	271.3	225.7	264.5	286.5	309.6	286.5	1st

### Men

<b>114</b>								
Tommy Nguyen	UHD	109.2	203.7	225.7	242.5	271.1	242.5	1st
<b>123</b>								
Jaime Gonzales	UTSA	123.2	347.0	380.2	<del>396.7</del>	<del>396.7</del>	380.2	1st
Jose Martinez	UHD	119.0	214.7	242.5	270.0	275.5	270.0	2nd
Alejandro Rivera	UHD	117.2	209.2	236.7	259.0	---	259.0	3rd
<b>132</b>								
Robert Nguyen	UHD	131.5	308.5	347.0	358.0	<del>359.1</del>	358.0	1st
Abraham Rohler	PAC	132.0	314.0	330.5	<del>352.5</del>	<del>359.1</del>	330.5	2nd
David Register	PAC	132.0	225.7	<del>275.5</del>	275.5	<del>303.0</del>	275.5	3rd
<b>148</b>								
Joshua Tamayo	UTSA	148.0	468.2	501.5	518.0	<del>541.1</del>	518.0	1st
Waldo Cardenas	UHD	142.0	363.7	402.2	435.2	---	435.2	2nd
Jason Creswell	CIT	148.5	341.5	380.2	402.2	---	402.2	3rd
Dale Owings	UHD	141.4	253.5	286.5	325.0	---	325.0	4th
Jose Vasquez	UHD	144.8	<del>275.5</del>	286.5	325.0	---	325.0	5th
<b>165</b>								
Laramie McMasters	UIUC	163.4	551.0	<del>600.7</del>	<del>600.7</del>	---	551.0	1st
Jeff Button	UTSA	162.5	451.7	468.2	480.6	<del>501.5</del>	480.6	2nd
Alan Peralta	UHD	160.8	303.0	363.7	385.7	---	385.7	3rd
Ilian Rojas	UHD	159.6	314.0	358.0	<del>385.7</del>	---	358.0	4th

<b>Frank Nguyen</b>	<b>UHD</b>	<b>153.6</b>	<b>253.5</b>	<b>303.0</b>	<del>330.5</del>	<b>---</b>	<b>330.5</b>	<b>5th</b>
<b>181</b>								
<b>A.J. Mangum</b>	<b>BRAZ</b>	<b>165.8</b>	<b>523.5</b>	<b>661.2</b>	<b>684.3</b>	<b>---</b>	<b>661.2</b>	<b>1st</b>
<b>Erick Chapa</b>	<b>UHD</b>	<b>179.2</b>	<b>402.2</b>	<b>479.5</b>	<b>507.0</b>	<b>---</b>	<b>507.0</b>	<b>2nd</b>
<b>198</b>								
<b>Brandon Taylor</b>	<b>UTSA</b>	<b>196.5</b>	<b>473.7</b>	<b>507.0</b>	<b>529.0</b>	<b>551.0</b>	<b>529.0</b>	<b>1st</b>
<b>Carlos Mata</b>	<b>UHD</b>	<b>185.5</b>	<b>407.7</b>	<b>479.5</b>	<b>501.5</b>	<b>530.1</b>	<b>501.5</b>	<b>2nd</b>
<b>Rodrigo Carbajal, Jr.</b>	<b>UHD</b>	<b>196.5</b>	<b>314.5</b>	<b>418.7</b>	<b>452.2</b>	<b>---</b>	<b>452.2</b>	<b>3rd</b>
<b>220</b>								
<b>Brendan Ridings</b>	<b>SIU</b>	<b>219.0</b>	<del>617.2</del>	<b>644.7</b>	<b>662.3</b>	<del>672.2</del>	<b>662.3</b>	<b>1st</b>
<b>Trey Jewett</b>	<b>UTSA</b>	<b>220.1</b>	<b>529.0</b>	<b>556.5</b>	<b>600.7</b>	<b>---</b>	<b>600.7</b>	<b>2nd</b>
<b>Gabriel Perkins</b>	<b>UHD</b>	<b>214.8</b>	<b>435.2</b>	<b>501.5</b>	<del>512.5</del>	<b>---</b>	<b>501.5</b>	<b>3rd</b>
<b>Jesus Lozano</b>	<b>PAC</b>	<b>206.5</b>	<b>407.7</b>	<del>435.2</del>	<b>435.2</b>	<b>---</b>	<b>435.2</b>	<b>4th</b>
<b>Waldo Villarreal</b>	<b>UHD</b>	<b>203.5</b>	<b>352.5</b>	<b>391.2</b>	<b>424.2</b>	<b>---</b>	<b>424.2</b>	<b>5th</b>
<b>Paul Reyna</b>	<b>PAC</b>	<b>206.0</b>	<b>385.7</b>	<del>413.2</del>	<del>413.2</del>	<b>---</b>	<b>385.7</b>	<b>6th</b>
<b>242</b>								
<b>Kyle Reichert</b>	<b>UTSA</b>	<b>229.0</b>	<b>507.0</b>	<b>534.5</b>	<del>556.5</del>	<b>---</b>	<b>534.5</b>	<b>1st</b>
<b>Jose Trejo</b>	<b>UHD</b>	<b>225.8</b>	<b>325.0</b>	<b>369.2</b>	<b>402.2</b>	<b>---</b>	<b>402.2</b>	<b>2nd</b>
<b>259</b>								
<b>Salomon Sanchez</b>	<b>UHD</b>	<b>259.0</b>	<b>275.5</b>	<b>424.2</b>	<b>473.7</b>	<del>501.5</del>	<b>473.7</b>	<b>1st</b>
<b>Abram Lopez</b>	<b>UHD</b>	<b>255.5</b>	<b>225.7</b>	<b>264.5</b>	<b>286.5</b>	<b>---</b>	<b>286.5</b>	<b>2nd</b>
<b>275</b>								
<b>Andrew Butler</b>	<b>UHD</b>	<b>264.5</b>	<b>319.5</b>	<b>374.7</b>	<b>402.2</b>	<b>413.2</b>	<b>402.2</b>	<b>1st</b>
<b>308</b>								
<b>Abel Dominguez III</b>	<b>WCJC</b>	<b>306.0</b>	<b>529.0</b>	<b>584.0</b>	<del>622.7</del>	<b>---</b>	<b>584.0</b>	<b>1st</b>
<b>Chris Owens</b>	<b>UTSA</b>	<b>300.6</b>	<b>507.0</b>	<b>523.5</b>	<b>545.5</b>	<b>---</b>	<b>545.5</b>	<b>2nd</b>

### Total

#### Women

<b>148</b>								
<b>Linda Okoro</b>	<b>HCC</b>				<b>391.2</b>			<b>1st</b>
<b>198</b>								
<b>Olga Hernandez</b>	<b>UHD</b>				<b>352.5</b>			<b>1st</b>
<b>199+</b>								
<b>Corina Sosa</b>	<b>UHD</b>				<b>436.3</b>			<b>1st</b>

#### Men

<b>114</b>								
<b>Tommy Nguyen</b>	<b>UHD</b>				<b>407.7</b>			<b>1st</b>
<b>123</b>								
<b>Jaime Gonzales</b>	<b>UTSA</b>				<b>595.0</b>			<b>1st</b>

<i>Jose Martinez</i>	<i>UHD</i>	<i>402.2</i>	<i>2nd</i>
<i>Alejandro Rivera</i>	<i>UHD</i>	<i>380.2</i>	<i>3rd</i>
<b>132</b>			
<i>Robert Nguyen</i>	<i>UHD</i>	<i>600.7</i>	<i>1st</i>
<b>148</b>			
<i>Jason Creswell</i>	<i>CIT</i>	<i>683.2</i>	<i>1st</i>
<i>Waldo Cardenas</i>	<i>UHD</i>	<i>677.7</i>	<i>2nd</i>
<b>165</b>			
<i>Laramie McMasters</i>	<i>UIUC</i>	<i>865.2</i>	<i>1st</i>
<i>Jeff Button</i>	<i>UTSA</i>	<i>850.9</i>	<i>2nd</i>
<i>Ilian Rojas</i>	<i>UHD</i>	<i>617.2</i>	<i>3rd</i>
<b>198</b>			
<i>Brandon Taylor</i>	<i>UTSA</i>	<i>898.2</i>	<i>1st</i>
<i>Carlos Mata</i>	<i>UHD</i>	<i>854.2</i>	<i>2nd</i>
<b>220</b>			
<i>Trey Jewett</i>	<i>UTSA</i>	<i>1289.4</i>	<i>1st</i>
<i>Gabriel Perkins</i>	<i>UHD</i>	<i>920.2</i>	<i>2nd</i>
<i>Waldo Villarreal</i>	<i>UHD</i>	<i>738.5</i>	<i>3rd</i>
<i>Jesus Lozano</i>	<i>PAC</i>	<i>666.7</i>	<i>4th</i>
<b>242</b>			
<i>Kyle Reichert</i>	<i>UTSA</i>	<i>848.7</i>	<i>1st</i>
<i>Jose Trejo</i>	<i>UHD</i>	<i>727.5</i>	<i>2nd</i>
<b>259</b>			
<i>Salomon Sanchez</i>	<i>UHD</i>	<i>788.0</i>	<i>1st</i>
<b>308</b>			
<i>Chris Owens</i>	<i>UTSA</i>	<i>1096.5</i>	<i>1st</i>
<i>Abel Dominguez III</i>	<i>WCJC</i>	<i>1091.2</i>	<i>2nd</i>

### Team Standings



*University of Houston-Downtown* **240**



*University of Texas - San Antonio* **228**



*Houston Community College*

56



*Wharton County Junior College*

46



*Palo Alto College*

38



*University of Illinois at Urbana-Champaign*

36



*The Citadel*

32



*Brazosport College*

20



*Southern Illinois University*

20