

**2010 WABDL National Collegiate Bench Press & Deadlift Championships**  
**February 6, 2010**  
**Recreation Center**  
**University of Texas - San Antonio**

**Results**

**Bench Press**

	<b>School</b>	<b>BWT</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th for Record</b>	<b>Best Bench</b>	<b>Place</b>
<b>Women</b>								
<b>97</b>								
<i>Desiree Estrada</i>	<i>UTSA</i>	<i>96.9</i>	<i>60.5</i>	<i>82.5</i>	<i>93.5</i>	<i>---</i>	<i>93.5</i>	<i>1st</i>
<b>105</b>								
<i>Molly Jaeger</i>	<i>UTSA</i>	<i>99.6</i>	<i>126.7</i>	<i>132.2</i>	<del><i>137.7</i></del>	<i>---</i>	<i>132.2</i>	<i>1st</i>
<b>114</b>								
<i>Tyler Garcia</i>	<i>UTSA</i>	<i>107.2</i>	<i>126.7</i>	<i>137.7</i>	<del><i>148.7</i></del>	<i>148.7</i>	<i>137.7</i>	<i>1st</i>
<b>123</b>								
<i>Myrissa Barnet</i>	<i>NWVC</i>	<i>118.0</i>	<i>77.0</i>	<i>99.0</i>	<i>110.0</i>	<i>---</i>	<i>110.0</i>	<i>1st</i>
<b>132</b>								
<i>Rocio Ruiz</i>	<i>UHD</i>	<i>132.2</i>	<del><i>99.0</i></del>	<i>99.0</i>	<del><i>115.5</i></del>	<del><i>115.5</i></del>	<i>99.0</i>	<i>1st</i>
<i>Kathy Hernandez</i>	<i>UTSA</i>	<i>127.9</i>	<i>88.0</i>	<del><i>99.0</i></del>	<del><i>99.0</i></del>	<i>---</i>	<i>88.0</i>	<i>2nd</i>
<b>148</b>								
<i>Linda Okoro</i>	<i>UHD</i>	<i>148.6</i>	<i>139.9</i>	<i>159.7</i>	<i>170.7</i>	<del><i>181.7</i></del>	<i>170.7</i>	<i>1st</i>
<i>Kayce Burges</i>	<i>UTSA</i>	<i>147.8</i>	<i>93.5</i>	<i>104.5</i>	<i>115.5</i>	<i>---</i>	<i>115.5</i>	<i>2nd</i>
<b>181</b>								
<i>Courtney Meeker</i>	<i>UHD</i>	<i>170.9</i>	<i>275.5</i>	<del><i>330.5</i></del>	<del><i>330.5</i></del>	<i>---</i>	<i>275.5</i>	<i>1st</i>
<b>198</b>								
<i>Olga Hernandez</i>	<i>UHD</i>	<i>196.5</i>	<i>137.7</i>	<i>154.2</i>	<del><i>165.2</i></del>	<i>165.2</i>	<i>154.2</i>	<i>1st</i>

## Men

### 114

Jesus Sanchez	UHD	113.7	203.7	216.9	225.7	<del>242.5</del>	225.7	1st
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### 123

Jose Martinez	UHD	117.3	137.7	148.7	159.7	<del>165.2</del>	159.7	1st
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### 132

Arrowdyne Chhit	UHD	130.8	248.0	265.6	281.0	<del>303.0</del>	281.0	1st
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Jaime Gonzales	UTSA	127.3	220.2	242.5	<del>259.0</del>	---	242.5	2nd
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### 148

Robert Nguyen	UHD	144.1	264.5	286.5	<del>304.1</del>	<del>304.1</del>	286.5	1st
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Wade Tomlinson	UTSA	132.4	<del>192.7</del>	<del>192.7</del>	192.7	---	192.7	2nd
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### 165

Ilian Rojas	UHD	162.3	292.0	308.5	<del>319.5</del>	---	308.5	1st
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Michael Pinon	UTSA	163.1	275.5	<del>292.0</del>	<del>292.0</del>	---	275.5	2nd
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### 181

Jeff Button	UTSA	174.6	<del>385.7</del>	<del>385.7</del>	402.2	---	402.2	1st
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Eric Ximenez	PAC	180.2	<del>325.0</del>	325.0	<del>352.5</del>	---	325.0	2nd
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A.J. Mangum	BRAZ	167.3	220.2	253.5	<del>264.5</del>	---	253.5	3rd
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Steven Rocha	PAC	178.4	209.2	225.7	<del>236.7</del>	---	225.7	4th
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Anthony Munoz	UTSA	172.3	<del>369.2</del>	<del>380.2</del>	<del>385.7</del>	---	---	---
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### 198

Carlos Mata	UHD	182.9	341.5	363.7	380.2	<del>403.3</del>	380.2	1st
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Jesus Lozano	PAC	190.9	253.5	270.0	<del>281.0</del>	---	270.0	2nd
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### 220

Waldo Villarreal	UHD	209.4	314.0	402.2	424.2	---	424.2	1st
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Adrian Fausto	PAC	208.4	402.2	413.2	<del>424.2</del>	---	413.2	2nd
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### 242

Anthony Rodriguez	PAC	237.2	<del>363.7</del>	<del>374.7</del>	374.7	---	374.7	1st
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### 259

Cardyl Trionfante	LSU	243.5	407.7	435.2	463.8	485.0	463.8	1st
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Halit Dilber	UHD	254.9	402.2	424.2	<del>501.5</del>	<del>501.5</del>	424.2	2nd
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Jose Trejo	UHD	247.4	374.7	402.2	<del>429.7</del>	<del>462.7</del>	402.2	3rd
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### 275

Ryan Carrillo	NWVC	270.6	<del>396.7</del>	<del>418.7</del>	418.7	<del>424.2</del>	418.7	1st
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Joshua Jimenez	UTSA	265.7	352.5	380.2	<del>402.2</del>	---	380.2	2nd
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### 308

Jerome Smith	SAC	287.4	374.7	440.7	<del>468.2</del>	---	440.7	1st
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Travis Briggs	UTSA	294.5	407.7	440.7	<del>473.7</del>	---	440.7	2nd
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### SHW

Dustin Dees	UTSA	332.0	413.2	<del>440.7</del>	440.7	---	440.7	1st
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## Deadlift

### Women

**97**

Desiree Estrada UTSA 96.9 220.0 242.5 270.0 ~~281.0~~ 270.0 1st

**105**

Molly Jaeger UTSA 99.6 248.0 264.5 281.0 286.5 281.0 1st

**114**

Tyler Garcia UTSA 107.2 242.5 ~~264.5~~ ~~281.0~~ --- 242.5 1st

**123**

Myrissa Barnet NWVC 118.0 115.5 137.7 ~~165.2~~ --- 137.7 1st

**132**

Rocio Ruiz UHD 132.2 203.7 ~~231.2~~ 248.0 ~~259.0~~ 248.0 1st

Kathy Hernandez UTSA 127.9 203.7 214.7 231.2 249.1 231.2 2nd

**148**

Linda Okoro UHD 148.0 303.0 358.0 380.2 ~~403.3~~ 380.2 1st

Kayce Burges UTSA 147.8 242.5 264.5 ~~281.0~~ --- 264.5 2nd

**181**

Courtney Meeker UHD 170.9 308.5 358.0 ~~380.2~~ ~~380.2~~ 358.0 1st

**198**

Olga Hernandez UHD 196.5 225.7 248.0 254.6 270.0 254.6 1st

## Men

### 114

Jesus Sanchez	UHD	113.7	297.5	337.1	<del>347.0</del>	347.0	337.1	1st
Joshua Friedman	UHD	113.5	220.2	253.5	<del>270.0</del>	---	253.5	2nd

### 123

Jose Martinez	UHD	117.3	281.0	314.0	336.0	<del>344.5</del>	336.0	1st
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### 132

Antonio Moreno	UHD	128.8	374.7	418.7	440.7	<del>454.7</del>	440.7	1st
Jaime Gonzales	UTSA	127.3	380.2	418.7	435.2	<del>446.2</del>	435.2	2nd
Arrowdyne Chhit	UHD	130.8	275.5	314.0	341.5	---	341.5	3rd

### 148

Waldo Cardenas	UHD	144.8	435.2	473.7	501.5	<del>519.4</del>	501.5	1st
Robert Nguyen	UHD	144.1	358.0	374.7	402.2	---	402.2	2nd
Wade Tomlinson	UTSA	132.4	275.5	314.0	336.0	---	336.0	3rd

### 165

Ilian Rojas	UHD	162.3	<del>396.7</del>	396.7	462.7	---	462.7	1st
Michael Pinon	UTSA	163.1	424.2	440.7	<del>485.0</del>	---	440.7	2nd
Raul Hernandez	UHD	164.6	374.7	424.2	<del>468.2</del>	---	424.2	3rd
Morgan Dees	UHD	164.9	<del>314.0</del>	314.0	402.2	---	402.2	4th

### 181

A.J. Mangum	BRAZ	167.3	622.7	<del>672.2</del>	<del>672.2</del>	---	622.7	1st
Jeff Button	UTSA	174.6	501.5	551.0	600.7	---	600.7	2nd
Eric Ximenez	PAC	180.2	<del>501.5</del>	545.5	<del>573.0</del>	---	545.5	3rd
Anthony Munoz	UTSA	172.3	468.2	501.5	529.0	---	529.0	4th
Steven Rocha	PAC	178.4	424.2	<del>451.7</del>	<del>451.7</del>	---	424.2	5th
Wilson Marinero	UHD	172.9	270.0	303.0	330.5	---	330.5	6th

### 198

Carlos Mata	UHD	182.9	479.5	501.5	530.1	551.0	530.1	1st
Jesus Lozano	PAC	190.9	446.2	<del>479.5</del>	<del>479.5</del>	---	446.2	2nd

### 220

Adrian Frausto	PAC	208.4	479.5	501.5	<del>542.5</del>	---	501.5	1st
Waldo Villarreal	UHD	209.4	347.0	391.2	418.7	---	418.7	2nd

### 242

Anthony Rodriguez	PAC	237.2	473.7	490.5	<del>504.5</del>	---	490.5	1st
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### 259

Cardyl Trionfante	LSU	243.5	606.2	639.2	662.3	700.8	662.3	1st
Charles Varghese	UHD	247.7	485.0	529.0	551.0	562.0	551.0	2nd
Jose Trejo	UHD	247.4	402.2	451.7	<del>485.0</del>	---	451.7	3rd
Halit Dilber	UHD	254.9	314.0	402.2	435.2	---	435.2	4th

### 275

<i>Raymundo Sanchez</i>	<i>UHD</i>	<i>269.9</i>	<i>457.2</i>	<i>502.6</i>	<i>523.5</i>	<i>534.5</i>	<i>523.5</i>	<i>1st</i>
<i>Joshua Jimenez</i>	<i>UTSA</i>	<i>265.7</i>	<i>451.7</i>	<i>501.5</i>	<i>518.0</i>	<i>---</i>	<i>518.0</i>	<i>2nd</i>
<b>308</b>								
<i>Travis Briggs</i>	<i>UTSA</i>	<i>294.5</i>	<i>540.0</i>	<i>589.5</i>	<i>606.2</i>	<del><i>664.2</i></del>	<i>606.2</i>	<i>1st</i>
<i>Jerome Smith</i>	<i>SAC</i>	<i>287.4</i>	<i>435.2</i>	<i>490.5</i>	<i>567.5</i>	<i>---</i>	<i>567.5</i>	<i>2nd</i>

**Total**

**Women**

<b>97</b>								
<i>Desiree Estrada</i>	<i>UTSA</i>				<i>363.7</i>			<i>1st</i>
<b>105</b>								
<i>Molly Jaeger</i>	<i>UTSA</i>				<i>413.2</i>			<i>1st</i>
<b>114</b>								
<i>Tyler Garcia</i>	<i>UTSA</i>				<i>380.2</i>			<i>1st</i>
<b>123</b>								
<i>Myrissa Barnet</i>	<i>NWVC</i>				<i>248.0</i>			<i>1st</i>
<b>132</b>								
<i>Rocio Ruiz</i>	<i>UHD</i>				<i>347.0</i>			<i>1st</i>
<i>Kathy Hernandez</i>	<i>UTSA</i>				<i>325.0</i>			<i>2nd</i>
<b>148</b>								
<i>Linda Okoro</i>	<i>UHD</i>				<i>551.0</i>			<i>1st</i>
<i>Kayce Burges</i>	<i>UTSA</i>				<i>380.2</i>			<i>2nd</i>
<b>181</b>								
<i>Courtney Meeker</i>	<i>UHD</i>				<i>633.7</i>			<i>1st</i>
<b>198</b>								
<i>Olga Hernandez</i>	<i>UHD</i>				<i>407.7</i>			<i>1st</i>

## **Men**

**114**

*Jesus Sanchez*      *UHD*      *556.5*      *1st*

**123**

*Jose Martinez*      *UHD*      *496.0*      *1st*

**132**

*Jaime Gonzales*      *UTSA*      *677.7*      *1st*

*Arrowdyne Chhit*      *UHD*      *622.7*      *2nd*

**148**

*Robert Nguyen*      *UHD*      *688.7*      *1st*

*Wade Tomlinson*      *UTSA*      *529.0*      *2nd*

**165**

*Ilian Rojas*      *UHD*      *771.5*      *1st*

*Michael Pinon*      *UTSA*      *716.2*      *2nd*

**181**

*Jeff Button*      *UTSA*      *1003.0*      *1st*

*A.J. Mangum*      *BRAZ*      *876.2*      *2nd*

*Eric Ximenez*      *PAC*      *870.7*      *3rd*

*Steven Rocha*      *PAC*      *650.2*      *4th*

*Anthony Munoz*      *UTSA*      *529.0*      *5th*

**198**

*Carlos Mata*      *UHD*      *909.2*      *1st*

*Jesus Lozano*      *PAC*      *716.2*      *2nd*

**220**

*Adrian Frausto*      *PAC*      *914.7*      *1st*

*Waldo Villarreal*      *UHD*      *843.2*      *2nd*

**242**

*Anthony Rodriguez*      *PAC*      *865.2*      *1st*

**259**

*Cardyl Trionfante*      *LSU*      *1124.4*      *1st*

*Halit Dilber*      *UHD*      *859.7*      *2nd*

*Jose Trejo*      *UHD*      *854.2*      *3rd*

**275**

*Joshua Jimenez*      *UTSA*      *898.2*      *1st*

**308**

*Travis Briggs*      *UTSA*      *1047.0*      *1st*

*Jerome Smith*      *SAC*      *1008.5*      *2nd*

## Team Standings



*University of  
Houston-Downtown* 260



*University of Texas -  
San Antonio* 244



*Palo Alto College* 154



*Northwest Vista  
College* 60



*Louisiana State  
University* 40



*Brazosport College* 32



*San Antonio College* 32